

## REMOTE RESOURCES for FAMILIES DURING COVID-19 ASD and other Developmental Disabilities

### **Sylvie Goldman, PhD**

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### **WORKSHOPS SERIES (ZOOM)**

#### **Autism Parents Connect (APC) -- Parenting Workshop Series hosted by**

*APC is a non-profit organization whose mission is to empower parents through education and connection to navigate the complex journey of parenting a child with autism. The interactive zoom workshops combine practical help grounded in evidence-based techniques and a supportive community. Parents gain immediate access to functional tools and an ongoing active learning network to support them during this challenging period.*

Participants can register for zoom access by emailing Andrea Pollack

Email: [andrea@autismparentsconnect.org](mailto:andrea@autismparentsconnect.org)>

Website : [www.autismparentsconnect.org](http://www.autismparentsconnect.org)

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### **PROVIDERS**

#### **New York**

##### **Allison Tom-Yunger, PhD**

Advisor and Instructor in Early Childhood General & Special Education and Infant & Family Development & Early Intervention programs at Bank Street College of Education.  
Private practice [atomyunger@bankstreet.edu](mailto:atomyunger@bankstreet.edu)

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#### **IEP - Learning disabilities**

School at home during COVID-19

G & R Classroom at home, Home support to children with disabilities

<https://gr-inclusivegroup.com/> 212 220-3934

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#### **Westchester**

##### **EveryDay Parenting Psychology**

<https://www.edparenting.com/>

*Serves families looking for expert advice on everyday issues like discipline and daily routines, as well as those seeking more comprehensive clinical support for themselves or their children*

*Not ASD focus: this coming week - We'll be posting a free 15 min parent training on educating at home. There will then be a longer zoom webinar version available for a fee (prob \$20).*

<https://www.edparenting.com/>

**Co-Director: Jeanette Sawyer Cohen (Ph.D., M.Phil., M.S., IMH-E®)**

[drsawyercohen@edparenting.com](mailto:drsawyercohen@edparenting.com)

Columbia University trained psychologist

Facebook group @edparenting page

Online support group for **pregnant** women.

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## **New Jersey**

Alycia Halladay, PhD [ahalladay@autismsciencefoundation.org](mailto:ahalladay@autismsciencefoundation.org)

Courtney Angeles, LCSW [courtney@bergencountytherapist.com](mailto:courtney@bergencountytherapist.com)

Alby Tello, LCSW [alby@bergencountytherapist.com](mailto:alby@bergencountytherapist.com)

**TEMA Therapy Center, LLC Testing; Evaluations; Multilingual Assessments)**

Director: Irina Volynsky, PhD, [dr.volynsky@tematherapy.com](mailto:dr.volynsky@tematherapy.com)

Mental health Counselor: Irina Bashkirov: [irina.bashkirov@tematherapy.com](mailto:irina.bashkirov@tematherapy.com)

**English and Russian speaking**

[www.tematherapy.com](http://www.tematherapy.com)

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## **Queens**

Shira Boxer, Developmental clinician, school psychologist

[shira.naomi@gmail.com](mailto:shira.naomi@gmail.com)

(516) 965-8790

Official Early Intervention (EI) provider. I interviewed her few months ago. She can provide parent counseling and is trained in different child behavioral therapy approach.

*I am offering teletherapy for families who aren't receiving services at the moment, or who need support for their specific situations on how to fill the gaps their children are experiencing. If there are families who have EI therapists not offering teletherapy, I could try and step in myself or direct them to people who might have providers available. I have some openings during the week and I am scheduling weekend sessions too.*

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## **ORGANIZATIONS**

YAI <https://www.yai.org/covid-database>

COVID-19 Database for People with I/DD, Caregivers, and Staff During the COVID-19 emergency

YAI staff has gathered some important information and resources for families to access by typing a search by category or age range.

**For additional information please feel free to call us at 212.273.6182 or email [link@yai.org](mailto:link@yai.org)**

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## **Sinergia - Metropolitan Parent Center**

Weekly webinar in English and Spanish (IEP, parenting, housing)

**Website** <https://www.sinergiany.org/parents-center/autism-initiative>

**Email:** [info@sinergiany.ccsend.com](mailto:info@sinergiany.ccsend.com)

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**UNC - Univ of North Carolina - School of Education**

Online toolkit for those supporting individuals with autism during COVID-19 epidemic

[https://ed.unc.edu/2020/03/19/unc-team-creates-online-toolkit-for-those-supporting-individuals-with-autism-during-covid-19-epidemic/?fbclid=IwAR2IW3lfalyvK0bSa-yoPhdbwkJfzKAKs3PzNphkRahv8W\\_x-iUbNIMEe3k](https://ed.unc.edu/2020/03/19/unc-team-creates-online-toolkit-for-those-supporting-individuals-with-autism-during-covid-19-epidemic/?fbclid=IwAR2IW3lfalyvK0bSa-yoPhdbwkJfzKAKs3PzNphkRahv8W_x-iUbNIMEe3k)

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**UC Davis Health -- Mind Institute**

<https://health.ucdavis.edu/mindinstitute/education/echo/index.html>

**ECHO MODE** is an innovative way to connect families with experts on autism care. The ECHO model is a teleconferencing program connecting our hub team of autism experts here at the UC Davis MIND Institute and practitioners at remote locations

**The Interdisciplinary Council on Development and Learning (ICDL)**

<http://www.icdl.com/>

**Developmental, Individual-differences, Relationship-based DIR-Floortime**

Model: <https://profectum.org/>

Parent: <https://www.icdl.com/parents>

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**Advocates for Children of New York**

School - Education services

<https://www.advocatesforchildren.org/covid-19-updates>

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**Autism Science Foundation**

<https://autismsciencefoundation.org/resources/the-autism-science-foundation-covid-19-family-resource-center/>

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**Autism Speaks**

<https://www.autismspeaks.org/>

How to cope with disrupted family routines during COVID-

<https://www.autismspeaks.org/news/how-cope-disrupted-family-routines-during-covid-19>

How to handle clinical care during social distancing and school/program clos

<https://www.autismspeaks.org/science-news/how-handle-clinical-care-during-social-distancing-and-schoolprogram-closuresures>

How to handle school closures and services for your child with autism

<https://www.autismspeaks.org/science-news/how-handle-school-closures-and-services-your-child-autism>

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**Autism Society of America**

<https://www.autism-society.org/covid-19/> Response to COVID-19

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**Autism Navigator - FIRST WORDS PROJECT®**

**Excellent free checklist for ASD early signs, 16 months and older**

Amy Wetherby, PhD

Mission: <https://autismnavigator.com/>

Resources: <https://autismnavigator.com/family-resources/>

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**The American Academy of Child Psychiatry**

***14 Tips for Talking to Children***

[https://www.aacap.org/App\\_Themes/AACAP/Docs/latest\\_news/2020/Coronavirus\\_COVID19\\_Children.pdf](https://www.aacap.org/App_Themes/AACAP/Docs/latest_news/2020/Coronavirus_COVID19_Children.pdf)

**Duke Center for Autism and Brain Development**

**Resources for young children and children with developmental disabilities**

- [How to talk to your child with ASD about frightening situations](#)
- [Flu picture story](#)
- [Visual supports: Hand-washing steps](#)

**Scholastic**

**Fun online learning for pre-k through grade six and beyond**

<https://classroommagazines.scholastic.com/support/learnathome.html>

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