

# NewYork-Presbyterian/ Columbia University Irving Medical Center

## Stroke Warriors Group

This is a forum for stroke survivors, caregivers, and families to share experiences and insights, as well as to receive guidance from experts on navigating stroke risk and recovery challenges. The group is led by multidisciplinary clinicians and administrators committed to supporting all those affected by a stroke.

Sessions are both in person and virtual unless otherwise noted and require registration. To attend in person, please email [neuro-strokewarriors@cumc.columbia.edu](mailto:neuro-strokewarriors@cumc.columbia.edu) or call Beatriz Nivasch at **646-697-9985**.

### Location:

Columbia Community  
Partnership for Health  
390 Fort Washington Ave.  
Ground Floor  
New York, NY 10033

### 2026 Bilingual Sessions:

Friday, February 20  
(virtual only)  
Friday, April 17  
Friday, June 19  
Friday, August 21  
Friday, October 16  
(virtual only)  
Friday, November 20

### Scan QR code to register and learn more:



### Time:

9:30 am – 11:00 am

## Stroke Warriors Team



**Imama Naqvi, MD, MS**  
Attending Stroke  
Neurologist, Assistant  
Professor of Neurology,  
and Director of Outpatient  
Stroke Services



**Cris Perdomo,  
MSN-Ed, RN**  
Stroke Center Program  
Administrator



**Kyra Lizardo, MS,  
APRN, FNP-BC**  
Stroke Program  
Nurse Practitioner



**Beatriz Nivasch**  
Administrative  
Business Associate



**Juan Meyreles**  
Community Health  
Worker, Department  
of Neurology,  
Columbia University  
Irving Medical Center

For more information, visit [nyp.org/neuro](http://nyp.org/neuro)

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