

ST. LUKE A.M.E AND ST. JOHN'S BAPTIST CHURCH

# 4th Annual BRAIN HEALTH FAIR 2024

COME AND JOIN US



**DATE**

May 18



**TIME**

11AM-2PM



**LOCATION**

152nd St, Between  
Amsterdam and St.  
Nicholas Ave.



## SCHEDULE

**Time**

**Activity**

11am - 2pm



Balance screens

11am - 2pm



Cognitive screens

11am - 2pm



General Health and Blood  
Pressure screens

11am - 2pm



Kids Corner

11am - 2pm



Colorectal Cancer Screening  
Study Information

11:15am - 11:45am



Yoga for Everyone

11am - 12pm



Talk with a Pharmacist

12pm - 12:30pm  
12:45 - 1:15pm



Dance for Brain Health

12:15pm - 12:45pm



Talk with a Community  
Mover

1pm - 1:30pm



Healthy Cooking Demo

1:30pm - 2pm



Exercise for All Bodies

