













ST. LUKE A.M.E AND ST. JOHN'S BAPTIST CHURCH

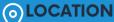
nual Brain Health Fair 2024

**COME AND JOIN US** 





11AM-2PM



≥ 152nd St, Between Amsterdam and St. Nicholas Ave.

## **SCHEDULE**

Time	Activity
11am - 2pm	Balance screens
11am - 2pm	Cognitive screens
11am - 2pm	General Health and Blood Pressure screens
11am - 2pm	Kids Corner
11am - 2pm	Colorectal Cancer Screening Study Information
11:15am - 11:45am	Yoga for Everyone
11am - 12pm	Talk with a Phamacist
12pm - 12:30pm 12:45 - 1:15pm	Dance for Brain Health
12:15pm - 12:45pm	Talk with a Community Mover
1pm - 1:30pm	Healthy Cooking Demo
1:30pm - 2pm	Exercise for All Bodies











